

Warfighter Biomedical Status Monitor: Sustaining Soldier Performance in Real-Time

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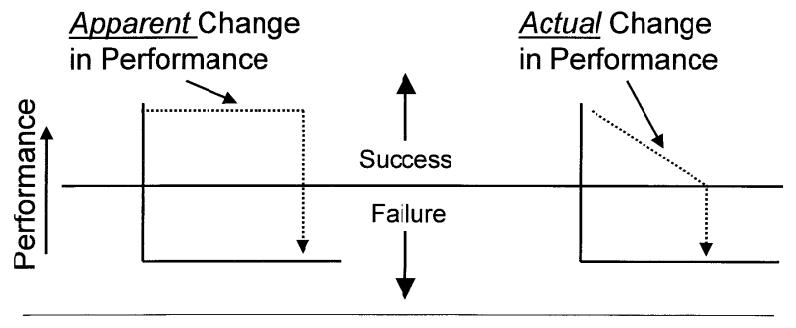
The Tip of the Spear

- The tip of the Army spear (the soldier, the small unit) will be sharp but brittle
- Current and future Army concept of operations could easily exceed human limits no matter how carefully selected,well-trained, or well led the soldiers and units
- The AAN paradigm (similar to SOF):
 - dispersed in 3-5 person teams depend upon the excellent performance of each team member
 - if a team member fails, the team will fail
 - if a team fails the operation is at risk
- A team can fail suddenly, and, at first observation, unpredictably



Sudden Collapse or Graceful Degradation?

 Sleep deprivation-induced orderly decreases in performance and productivity precede accidents and catastrophic failures





- The medical equivalent of the Global Positioning System (GPS)
- Sensors for vital signs, electrolytes, stress hormones, neurotransmitter levels, physical activity, etc.
- Locate the soldier in physiological space as GPS does in geographic space
- Software for integrated adaptive biomedical monitoring from multiple sensor
- Integrated into Land Warrior, Warrior's Medic, Warfighter Status Monitor, and GCCS/GCSS
- Dynamic operational planning with biomedical input to pace operations at sustainable tempo
- Anticipate/prevent casualties
 - heat stress
 - dehydration
 - performance failures from sleep deprivation
 - combat stress casualties
- Detect casualties, guide initial treatment



Biomedical Status Monitoring: Examples

Sustaining Performance: **Preventing Casualties:** Managing Sleep A Soldier in MOPP Gear DETAILED EQUIPMENT DECONTAMINATION TEST DAY 16 STATION 2 ACTIVITY; WEIGHT: URINE: SYMPTOMS: START 10:40 STOP 13:35 EARLY? NO CHANGE: CHANGE: STOP 192 STOP 1.014 +0.000 **Performance Prediction** 11:30:00 13:30:00 Core Temp 38 37 Skin Temp 36 35 **Activity Counts** 33 32 32 12:30:00 13:30:00 200 Heart Rate 200 150 100 **Heart Rate** 50 11:30:00 12:30:00 13:30:00 100 50 Activity 11:30:00 12:30:00 13:30:00 Days Sleep/Wake Scoring Hours



Sustaining Soldiers in Operations

- Operational medical surveillance/situational awareness
 - individual, real-time biomedical monitoring
 - integrated by artificial intelligence-based adaptive/predictive modeling
- Support operational planning, focused command/medical intervention, casualty prevention, and early treatment